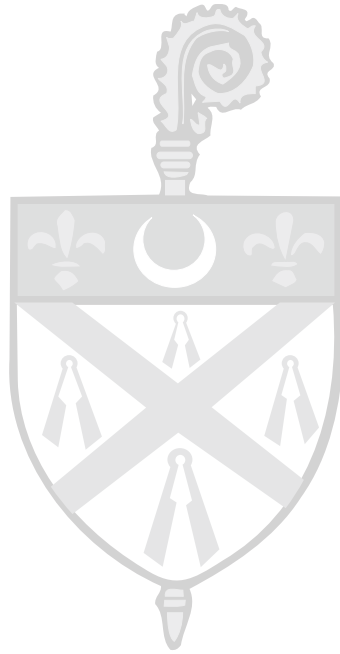


NORBERTINE CENTER FOR SPIRITUALITY

Sacred space for spiritual growth and renewal

Winter - Spring - Summer 2012





MISSION OF THE CENTER

The Norbertine Center for Spirituality, sharing in the Spirit and mission of Jesus Christ and the ministry of the Norbertine Community of De Pere, offers to people of all faiths a sacred space and opportunities for spiritual growth and renewal.

COVER ARTWORK



The Great West Window

The main theme of this window is simple and direct; yet many secondary themes, mingling one with another, form a subtle and symbolic counterpoint. The primary thought is that Christ, the dominant figure in the window, has instituted the Sacraments so that humanity might participate in the infinitely higher order of the divine life.

St. Norbert is superimposed on the figure of Christ. He partakes of the Tree of Life, which in turn is nourished by the Sacraments, the seven streams flowing from the fountain of Living Waters. Thus, Norbert, the Christian man, by his sacramental life, is conformed to Christ and participates in the life of the Trinity.

The Three Divine Persons appear toward the top of the window: the Father is the Creator, portrayed by the flaming sunburst in the upper left-hand corner. The Son is the Redeeming Lord, who having conquered death (the wounds in his hands), has ascended on high to receive power and dominion (the crown). The Holy Spirit is the Sanctifier, seen on the right as a fiery Dove flying through the arms of Christ.

Emil Frei Studios – Francis Deck, designer





LETTER FROM THE CENTER STAFF

Dear Friends,

Thank you for your thoughts and prayers during these challenging months as our dear Fr. Conrad recovers from the stroke he suffered this past June. He is making progress daily and we have every hope he will be back with us soon.

In the meantime, we have been busier than ever, putting together what we think is a fantastic line-up of programs and retreats.

Our January programming begins with **Fr. Andrew Ciferni, O. Praem.**, internationally renowned liturgist, who will share thoughts about contemporary, sacred art.

We are most fortunate to have with us three exceptional presenters for our **Lord, Teach Us To Pray** series: **Bishop David Ricken, Bishop Robert Morneau** and **Sr. Ann Rehrauer, OSF**. What a perfect way to begin the New Year!

A number of compelling series will be offered during the winter months, including: **Four Great Sermons of Christ** with **Fr. Al McBride, O. Praem.**, and **An Amazing Journey! The Universe and Me** with **Sr. Judy Miller, CSJ**.

The final two presentations of the **Abbey Lectures: Re-imagining Christianity** series will be held in February and March, with the concluding presentation, **The Cost of Silence**, to include **Dr. Paul Wadell, Dr. Bridget Burke Ravizza** and **Dr. Howard Ebert**. Of course, our ever-popular Lenten series returns with five thought-provoking Saturday morning lectures.

We are grateful for the efforts of **Fr. John Tourangeau, O. Praem.**, who will be offering an **Acedia Retreat** along with **Judy Turba**, as well as an inspirational program entitled **Heaven: Is It For Real?**

Dr. Howard Ebert is facilitating **The Easter Triduum Retreat** held on April 5 through 8, offering a powerful way to enter into some of the most sacred days of the year.

Programs about art, architecture and windows of St. Norbert Abbey are often requested and we are most pleased to offer a six-week series, facilitated by noted Abbey historian and artist, **Fr. Stephen Rossey, O. Praem.**

Finally, given the positive response to our 2011 summer programming, we have increased the number of offerings this year. There is a wide variety of retreats and programs from which to choose, so please be sure to take a look.

As a frequent visitor to the Center shared, **“The Norbertine Center for Spirituality is a treasure and I am most grateful for all it offers.”** We hope you'll spend some time looking at all the possibilities within this brochure and that you'll visit the Center often, for programs, retreats or simply to pray and reflect.

Continued Blessings,

Fr. Conrad Kratz, O. Praem., Jane Berkovitz, Ann Herlache, Sr. Judy Miller, Judy Turba, Dianne Wagner

The Norbertine Center for Spirituality Staff

An Invitation to Pray with the Norbertine Community

Morning Prayer:

Weekdays 7:30 a.m.
Saturday 8 a.m. Sunday 9 a.m.

Evening Prayer:

Weekdays 5:05 p.m.
Saturday and Sunday 5 p.m.

Eucharistic Liturgy:

Weekdays 4:30 p.m.
Saturday 8:30 a.m. Sunday 10 a.m.

Taizé Prayer

Taizé prayer is a quiet, simple way of prayer designed for people of all Christian traditions. These candlelit services include simple chants, rich silence and prayers of praise and intercession.
Third Sunday of every month 7 p.m.
(in the Abbey Church)

Holy Hour for Vocations

Third Thursday of every month 7 p.m.
(in the Abbey Church)

PLEASE NOTE...

Suggested donation per program is \$5, unless otherwise indicated. However, anyone who wishes to participate in our programs should be able to do so. The Center will accept a donation within your means should you be unable to pay the suggested fee.

God's Communities and Their Artists

Fr. Andrew Ciferni, internationally renowned liturgist, delivered this presentation at a 2011 international symposium on contemporary, sacred art in Florence, Italy. Within this lecture, Fr. Ciferni demonstrates how art commissioned by religious communities expresses and shapes their charism and mission.

January 11 – Wednesday 6:30 – 8 p.m.

Presenter: Fr. Andrew Ciferni, O. Praem.

Cost: Free will offering (suggested donation \$5)

Lord, Teach Us to Pray Series

Prayer is communication with God and is one of the basic needs of the human heart. All of the world's religions believe in its importance, its effectiveness and its centrality in our lives. Yet no matter our age, many people wonder, as did the apostles, "How do I pray? Teach us to pray." This series offers insight into the power, purpose and benefit of prayer as well as prayer techniques.

January 12, 19, 26 – Thursdays 6:30 – 8 p.m.

January 12: Bishop Robert Morneau – Reflections on Prayer

January 19: Bishop David Ricken – Prayer for Busy People

January 26: Sr. Ann Rehrauer, OSF – Lectio Divina; Resources for Personal Prayer

Cost: Free will offering (suggested donation \$5)

Veterans' Stories of Hope, Healing and Spirituality

Note: Since this program has become one of our most powerful and provocative presentations, we have decided to offer it annually. Veterans, their families and friends and the general public are encouraged to attend. (This program was previously scheduled for fall 2011, but was postponed and rescheduled.)

When people choose to serve their country, they begin a journey down an uncharted road, impacting their minds, bodies and spirits. It is the "warrior's heart" that enables the soldier to travel where harm may await, and the same heart must find its way home. A panel of veterans will share their journey of healing the spiritual wounds of their service during this presentation. George Kamps, veteran and social worker, has counseled more than 300 veterans and found the path leading to spiritual reconnection of critical importance to healing, personal growth and fulfillment.

January 16 – Monday 6:30 – 8:30 p.m.

Facilitator: George Kamps, MSW

Cost: Free will offering (suggested donation \$5)

Just Write Poetry Club

This club is a gathering of people who write poetry and wish to share their poems with others in a relaxed atmosphere. Open to anyone who loves to write. If interested, call Fr. Mark Falcone, 920.337.4352.

January 17, March 20 – Tuesdays 7 p.m.

Facilitator: Fr. Mark Falcone, O. Praem.

Cost: No fee

Twilight Retreat

Need a few hours to recoup and regroup your spirit? You're invited to participate in an evening of prayer, reflection and enrichment. Join the Norbertine Community for Mass, followed by evening prayer. After dinner, attend a scheduled event or enjoy quiet time for reflection.

January 19 – Thursday; February 28 – Tuesday; March 8 – Thursday; April 11 – Wednesday 4 – 9 p.m.
 Cost: \$30 (includes dinner, private room, event, use of Abbey prayer spaces)
 Optional: \$65 (includes above, plus overnight stay, Morning Prayer, breakfast)

Morning of Spiritual Renewal for Women

This popular annual event includes stimulating programs, engaging speakers, delicious food and the companionship of women all within the lovely St. Norbert Abbey and Spirituality Center. Details available online. **Registration required by January 16.**

January 21 – Saturday 8 a.m. – 1 p.m.

Session 1 (select 1 program)

Unmet Needs: Breaking Free from Strained and Drained - Jane Birr
 Literature for the Female Soul - Dr. Karlyn Crowley
 Creation Spirituality: A Tapestry Woven of Many Threads - Sr. Judy Miller, CSJ

Session 2 (select 1 program)

Laughter...The Spoonful of Sugar We All Need - Linda Greene
 Biblical Wisdom: A Face of Woman's Holiness - Sr. Shawn Madigan, CSJ
 Tending the Spirit: A Path for Nourishment and Renewal - Julie Massey, Judy Turba

Session 3 (select 1 program)

A Hamper Full of Wisdom: Searching for Meaning in the Daily Demands of Life - Julie Massey
 T'ai Chi - Sr. Rita Schmidt, OSF
 Remembering Hildegard, Marguerite and Julian: Women Mystics - Prof. Sally Stamper

Cost: \$40 (includes morning refreshments, lunch, programs, handouts)

Wednesdays for Women: That All May Be One

This spring series continues introducing participants to various faith traditions, with the presence of women from those traditions. Muslim, Orthodox and Native American spiritualities are among the topics to be presented. The sessions include prayer in the tradition featured. Attendance at all sessions is not required.

January 25, February 1, 8, 15 – Wednesdays 10 – 11:30 a.m.

Presenters: Sr. Shawn Madigan, CSJ, Sr. Judy Miller, CSJ
 Cost: Free will offering (suggested donation \$5)

A Day Away: Nourishing Your Body, Mind and Spirit

Treat yourself to a day apart: a day of renewal and rest. Enjoy Abbey amenities: beautiful grounds, prayer spaces, indoor swimming pool/sauna, a peaceful room of your own and an enrichment presentation. Open to men and women.

January 25 – Wednesday; February 15 – Wednesday; March 6 – Tuesday; April 10 – Tuesday

Days of Renewal are scheduled from 9 a.m. – 5 p.m. (Mass 4:30 p.m.)

Cost: \$30 (includes private room, lunch, enrichment presentation, Abbey amenities)

Also available by appointment:

Massage: Eric Peters 920.366.0899 \$60

Spiritual Direction: Sr. Judy Miller, CSJ 920.337.4316 \$40

An Amazing Journey! The Universe and Me

This seven-week series is intended for all who want to bring about change for and live in harmony with the planet. It is intended for those who have some knowledge of the unfolding evolutionary story of the universe and for those who know little. A workbook with readings will be provided. Attendance at all sessions is not required. **Registration required by January 25.** Minimum 8 participants.

January 30, February 6, 13, 20, 27, March 5, 12 – Mondays 10 – 11:30 a.m.

Presenter: Sr. Judy Miller, CSJ

Cost: \$75 (includes workbook)

Is Catholic Social Teaching Dead?

"Catholic social teaching is irrelevant to the economic political turmoil going on." (So they say!) Is it dead? Dying? Or just slumbering? Join Fr. Brendan, Norbertine economist and social justice advocate, as he examines today's economy, culture and politics through the lens of Catholic social teaching.

January 31 – Tuesday 6:30 – 8 p.m.

Presenter: Fr. Brendan McKeough, O. Praem.

Cost: Free will offering (suggested donation \$5)

Four Great Sermons of Christ

Remember "*The King's Speech?*" Inspiring as it was, there are four incomparable speeches by the King of Kings, Jesus Christ. Bring your Bible, join Fr. Al and study these talks that have nourished souls for 2,000 years.

February 1, 8, 15, 29 – Wednesdays 6:30 – 8 p.m.

February 1: The Sermon on the Mount (Read Mt 5, 6, 7)

February 8: The Last Supper Sermon (Read Jn 14,15,16,17)

February 15: The Last Judgment Sermon (Read Mt 24, 25:31-46)

February 29: The Sermon from the Cross (Read Lk 23:24-27)

Presenter: Fr. Al McBride, O. Praem.

Cost: Free will offering (suggested donation \$5)

Abbey Lectures: Re-imagining Christianity (continued from 2011)

C.S. Lewis wrote, on his conversion to Christianity, "My imagination has been baptized." To "re-imagine" is to see something more clearly for what it truly has been all along. In the Christian sense, it is about understanding and living the dream of God for us, our society, the Church and the world. The final two presentations in this series focus on the role of women in the church and the cost of remaining silent within our families, our communities and our Church.

February 9, March 8 – Thursdays 6:30 – 8 p.m.

February 9: Dr. Bridget Burke Ravizza – Re-imagining Women in the Church

March 8: Dr. Paul Wadell, Dr. Howard Ebert, Dr. Bridget Burke Ravizza – The Cost of Silence

Cost: Free will offering (suggested donation \$5)

Acedia Retreat

Acedia is an ancient term for "suffocating gloom" that robs one's soul of joy in God. In today's world, it can take the form of nagging anxiety, restless fatigue, weary detachment, deriving little pleasure from activities and/or listlessness. Within this day-long retreat, acedia is examined within a spiritual context with time for personal reflection and small group discussion. It is the hope of the presenters that participants "ultimately realize that acedia is a gift because if it is addressed, it moves us closer to God." **Registration required by February 7.** Minimum 8 participants.

February 11 – Saturday 9 a.m. – 3 p.m.

Facilitators: Fr. John Tourangeau, O. Praem., Judy Turba

Cost: \$55 (includes morning refreshments, lunch, handouts)

Flatliners: To Forgive or to be Forgiven, That is the Question

Flatliners is a movie about young doctors experimenting with brief out-of-body experiences and, in the process, finding an unwanted truth about life. To forgive or to be forgiven, that is the question. In a vivid and graphic way, this film reveals the power of asking forgiveness from those we have truly hurt.

February 14 – Tuesday 6:30 – 8 p.m.

Presenter: Fr. Mark Falcone, O. Praem.

Cost: Free will offering (suggested donation \$5)

Movie and Discussion: Saint Ralph

When doctors inform Ralph that only a miracle can save his mother's life, he makes a deal with God. It would be a little short of a miracle for a talented but inexperienced runner to win the Boston Marathon, but Ralph intends to follow through with that deal.

February 23 – Thursday 10 a.m. – Noon OR 6:30 – 8:30 p.m.

Facilitator: Jane Berkovitz

Cost: Free will offering (suggested donation \$5)

Lenten Series: Scripture Readings

Lent is a time to immerse ourselves into the messages of Scripture. Each weekly session presents an opportunity for entering more deeply into the spirit of this sacred season and inviting us to both personal and communal conversion.

February 25, March 3, 10, 17, 24 – Saturdays 9:15 – 11 a.m.

February 25: Fr. Tim Shillcox, O. Praem. - Mk 1: 12-15 (The Wilderness Temptation)

March 3: Pastor Lee Goodwin - Mk 9: 2-10 (The Transfiguration of Jesus)

March 10: Fr. Brian Prunty, O. Praem. - Jn 2: 13-25 (The Cleansing of the Temple)

March 17: Fr. John Tourangeau, O. Praem. - Jn 3: 14-21 (Jesus and Nicodemus)

March 24: Fr. John Bostwick, O. Praem. - Jn 12: 20-33 (Following Jesus to the Cross)

Cost: Free will offering (suggested donation \$5)

Heaven: Is It For Real?

According to Fr. John Tourangeau, who had an afterlife experience following a major heart attack, the answer to the question, is emphatically, "Yes, Heaven is real!" Within this enlightening and hope-filled evening, Fr. John weaves Catholic/Christian tradition, personal experience and references from two popular books regarding the afterlife: *Heaven is for Real* and *90 Minutes in Heaven*.

February 28 – Tuesday 6:30 – 8 p.m.

Presenter: Fr. John Tourangeau, O. Praem.

Cost: Free will offering (suggested donation \$5)

HILDEGARD OF BINGEN READING ROOM

Located within the Center is a lovely new reading room with views of the cloister garden and the front lawn of the Abbey. A small library is housed there, with sacred art on display – a perfect place to read and reflect.

It is open to the public –
just stop in at the Center's main office and let us know you're here.

The Shack: A Novel View of Life

The Shack, by William P. Young, is a novel view of life where tragedy meets Eternity. This is not a presentation but an informal discussion about the best seller, in which individual readers of the novel can share their thoughts, feelings and reactions to the book.

March 6 – Tuesday 6:30 – 8 p.m.

Presenter: Fr. Mark Falcone, O. Praem.

Cost: Free will offering (suggested donation \$5)

Abbey Lectures: The Cost of Silence

(See page 4 for details)

March 8 – Thursday 6:30 – 8 p.m.

Presenters: Dr. Paul Wadell, Dr. Bridget Burke Ravizza, Dr. Howard Ebert

Cost: Free will offering (suggested donation \$5)

Solemn Novena to St. Joseph

While a perpetual novena is celebrated at the National Shrine of St. Joseph every Wednesday, the Solemn Novena follows a long-standing Catholic tradition of holding nine days of prayer which ends on the feast of the particular saint. St. Joseph, whose feast day is March 19th, is honored for his role as a protector, guardian and worker. See page 12 for details.

March 11 – Sunday through March 19 – Monday

Irish Legacy

By request, this popular evening of poetry and music returns to the Center. Join award-winning Irish poet Kathy Mallon and harpist Cheryl Murphy as they present a multi-faceted evening of poetry, harp music, Irish images and Irish tea – which will transport you to the Emerald Isle.

March 14 – Wednesday 6:30 – 8 p.m.

Presenters: Kathy Mallon, Cheryl Murphy

Cost: Free will offering (suggested donation \$5)

Easter Triduum Retreat

Through the centuries, Christians have gathered together during Holy Week to remember, to celebrate and to enter more deeply into the Paschal Mystery that lies at the heart of the Christian faith. Through time, this mystery has evoked numerous responses, interpretations and practices. Within the retreat, we explore how our ancestors in the faith have striven to express and to enter more deeply into the mystery of God's love as revealed in Jesus' passion, death, resurrection, ascension and sending of the Holy Spirit.

It is the hope that this exploration awakens our imaginations and inspires us anew to recognize and to make real in our lives, as individuals and in our communities of faith, the powerful, transformative reality of the Paschal Mystery – a mystery that beckons and challenges us to break out of our desire to control the incomprehensible, insurmountable mystery of the living God of Jesus of Nazareth.

Registration required by March 30.

April 5 – 8 Holy Thursday 4 p.m. through Easter Sunday 10 a.m. Liturgy

Presenter: Dr. Howard Ebert

Cost: \$240 (includes lodging, meals, presentations) Commuters: \$100 (includes presentations only)

PRE-REGISTRATION IS ALWAYS APPRECIATED

T'ai Chi: Introduction and Continuing Series

T'ai Chi, often referred to as "meditation in motion," is a series of slow, continuous, relaxed movements done with care and attention. Movements are without strain and provide exercise and toning for every part of the body. T'ai Chi involves both sides of the body, improving balance and concentration. In addition, it has relaxing effects on psychological tension (stress) and is for people of all ages and physical abilities.

Introduction to T'ai Chi

April 10 – Tuesday 9 – 10:30 a.m.

Instructor: Eric Peters

Cost: No fee for this introductory course

T'ai Chi Series

April 17, 24, May 1, 8, 15, 22 – Tuesdays 9 – 10:30 a.m.

Instructor: Eric Peters

Cost: \$50 for the entire series

Spotlight Tours: Abbey Architecture, Symbolism, Visionaries Series

Join Fr. Stephen Rossey, Abbey artist and historian, for this six-part series focusing on the architectural style of the building, signs and symbols within the renowned stained glass windows, and Norbertine visionaries who changed the educational and religious landscape of Northeast Wisconsin.

Registration appreciated by April 9.

April 11, 18, 25, May 2, 9, 16 – Wednesdays 6:30 – 8 p.m.

April 11: Unfinished Symphony: Spotlight on Architecture

Learn about the architectural style of the Abbey, how it was constructed, who designed it, where it stands within church architectural history and why the Abbey is ever evolving. The Great West Window will be the focus, an architectural equivalent of an overture.

April 18, 25, May 2, 9: Signs and Symbols: Spotlight on Symbolism

What are a disembodied hand, a fish, lilies and birds doing in the Abbey's stained glass windows? Explore the signs and symbols in the stained glass and discover the unique attributes that characterize liturgical time and sacred history. See these ancient symbols contemporized and learn how legends and disguised symbols have inspired artists throughout the centuries. Binoculars are suggested.

May 16: Visionaries: Spotlight on Norbertines

Celebrate the Order of Premontre with a special lecture on the Norbertines who made significant contributions to local history and the development of the area. What did such men as Abbots Bernard Pennings, Sylvester Killeen and Jerome Tremel, and Fathers James Wagner, Dennis Burke and Anselm Keefe (to name a few) have to do with the history of De Pere and St. Norbert Abbey?

Presenter: Fr. Stephen Rossey, O. Praem.

Cost: Free will offering (suggested donation \$5 per session)

Movie and Discussion: *The Boy in the Striped Pajamas*

The movie is an adaptation of John Boyne's WWII novel regarding the forbidden friendship between an eight-year-old German boy and a Jewish concentration camp prisoner.

April 19 – Thursday 10 a.m. – Noon OR 6:30 – 8:30 p.m.

Facilitator: Jane Berkovitz

Cost: Free will offering (suggested donation \$5)

Sushi and Conversation : A Tale of Two Cities

The Sushi and Conversation Series consists of casual evenings which include delicious sushi from Koko's restaurant and conversation with a Norbertine Priest. Our first Norbertine to join us is Fr. Jim Baraniak, pastor of St. Norbert College Parish, chaplain to the Green Bay Packers and a chaplain at the Green Bay Correctional Institution.

It is through his role in the prison that Fr. Jim has become well aware of the many needs and challenges within the Green Bay community. During the evening he will not only share his personal experiences and insights, but will also share the importance of becoming involved. If you have ever asked yourself, "how can I make a difference," or "where is God calling me," this is an evening you won't want to miss. **Registration required by April 13.**

April 17 – Tuesday 6:30 – 8 p.m.

Presenter: Fr. Jim Baraniak, O. Praem.

Cost: \$20 (includes sushi, beverages, presentation)

An Evening in the Abbey Gardens

By popular demand, the evening in the gardens is offered again. The cloister gardens of St. Norbert Abbey are a lovely place to encounter spring. With wine and music, it is a perfect way to enjoy the Abbey and its sacred grounds. Tour guides will be available to share information about art and plant species within the gardens. **Registration appreciated by May 11.**

May 15 – Tuesday 6:30 – 8 p.m. (Gardens will be open from 6:30 – 7:30 p.m.)

The event will take place rain or shine with gardens viewed from the cloister walk and music performed inside.

Cost: \$20 (includes wine, cheese, soft drinks, music)

Your One, Wild and Precious Life

The beginning of summer is a perfect time to recover the baptismal gift of what the American poet, Mary Oliver, calls, "your one, wild and precious life." This overnight retreat (with an optional second night stay) in the sacred space of St. Norbert Abbey will provide an occasion for paying close attention to your life as it is lived.

Mary Oliver writes, "Every day I see or hear something that more or less kills me with delight." With simple prayer, the beauty of the Abbey grounds and our own not-so-ordinary lives, we can remember again the beauty and wonder of being awake and full of delight, moment by precious moment. **Registration required by June 1.** Minimum 6 participants.

The Rev. Lee Goodwin has been a Lutheran (ELCA) pastor for more than 30 years and is married with two grown daughters. He is a graduate of the Lutheran School of Theology at Chicago (Master of Divinity), the Graduate Theological Foundation (Doctor of Ministry in Spiritual Direction) and the Shalem Institute for Spiritual Formation.

June 8, 9 – Friday 4 p.m. through Saturday 3 p.m.

(with an optional second night stay through Sunday 9:45 a.m.)

Facilitator: Pastor Lee Goodwin, M. Div., D. Min.

Cost: \$95 (includes lodging, meals, retreat) \$145 (with optional second night)

Mornings of Reflection

Summer is a wonderful time to pause, pray and reflect in the company of good women and men. Join Sr. Judy and Judy as they share thought-provoking passages from some of their favorite authors. Time will be given for personal reflection and small group discussion. You are invited to attend every week or every once in awhile.

June 13, 20, 27, July 11, 18 – Wednesdays 10 – 11:30 a.m.

Facilitators: Sr. Judy Miller, CSJ, Judy Turba

Cost: Free will offering (suggested donation \$5)

Authentic Freedom Retreat

Sr. Judy offers the original eight-week series in a weekend retreat format. Those who previously participated in this series and those who are new to "Authentic Freedom" are invited to attend.

Many of us are prisoners of the perceptions we hold, which cause us to live a life that is not free. Within this retreat, fears that hold us captive are explored within the world and ourselves, including: 'I am not loved;' 'I am alone;' and 'I am not free to express my truth.' It is the truths behind these fears that can lead us to live a life of "authentic freedom." **Registration required by June 11.** Minimum 8 participants.

June 15-17 Friday 4 p.m. through Sunday 9:45 a.m.

Facilitator: Sr. Judy Miller, CSJ

Cost: \$145 (includes lodging, meals, program)

Summer Directed Retreat

This retreat offers a time of prayer, silence and solitude with the daily opportunity to meet with a spiritual director. Amenities include a private room, indoor pool, outdoor labyrinth, spacious grounds and numerous prayer spaces. **Registration required by June 18.**

June 24 – 30 Sunday evening dinner through Saturday lunch

(Registration may be made for 3, 4, 5, or the entire 6 days)

Cost: \$285 – 3 days; \$380 – 4 days; \$450 – 5 days; \$495 – 6 days

Discussion and Reflection: *Breathing Under Water-Spirituality and the Twelve Steps* By Richard Rohr

Rohr states, "The Twelve Steps of Alcoholics Anonymous is America's most significant and authentic contribution to the history of spirituality." Using his book as a guide, Fr. Fenzl will lead a discussion about twelve-step spirituality and its importance in our lives. Those wishing to attend do not have to read the book beforehand. **Note: This is a bi-lingual offering. Both Spanish and English will be spoken.**

June 18 – Monday 6:30 – 7:30 p.m.

Facilitator: Fr. Rod Fenzl, O. Praem.

Cost: Free will offering (suggested donation \$5)

The Aramaic Lord's Prayer: Deepening Freedom

"I never knew such a common prayer could be so powerful. It has taken on a whole new meaning in my life," shared a previous participant of this series. The Lord's Prayer, as taught by Jesus, is a powerful tool for releasing fear and coming to authentic freedom. This prayer is relearned using the Aramaic language in which it was first spoken and experienced in order to discover its strength.

Registration required by July 9. Minimum 8 participants.

July 12, 19, 26, August 2, 9, 16 – Thursdays 10 – 11:30 a.m.

Presenter: Sr. Judy Miller, CSJ

Cost: \$75 (includes workbook)

Join the Norbertine Community for Daily Prayer

See page 1 for details.

ONGOING PROGRAMS

Enhancing the Sunday Readings (ongoing – morning OR evening)

Participants meet one hour each week to reflect on the upcoming Sunday's readings in a way that allows the sacred text not only to inform us but also to transform us. You are invited to join us every week or every once in awhile.

Every Tuesday (ongoing) 10:30 – 11:30 a.m. OR 6:30 – 7:30 p.m.

Facilitator: Sr. Judy Miller, CSJ

Cost: Free will offering

Water Exercises and the Word of God for Women

Join us in the Abbey pool for gentle water exercise, spiritual music and prayer: nourishment for the body, mind and spirit.

Tuesdays 9:15 – 10:30 a.m.

Session 1: January 10, 17, 24, 31, February 7

Session 2: February 21, 28, March 6, 13, 20

Session 3: April 3, 10, 17, 24, May 1

Presenter: Barbara Kratz; Lifeguard: Jane Berkovitz

Cost: \$10 per week (includes class and daily use of pool, while enrolled in the session)

OUTREACH PROGRAMS

The Center offers programs for your parish, school or organization, either at the Abbey or your place of work or worship. On-the-road programs and retreats currently being offered can be found online at:

www.norbertines.org/on-the-road.html

CONCERTS AT THE ABBEY

resounding...inspiring...glorious...

Canon John Bruce Memorial Concerts

Through Canon John's generosity, the concerts are free and open to the public so that all may share in the beauty of the Abbey and the organ music within its walls. Concerts are Saturdays at 2 p.m.

March 10, 2012

Nathan Laube – Preeminent young performer, Curtis Institute of Music graduate

April 14, 2012

Jonathan Dimmock – Considered one of the nation's leading organists

Schola d' Arezzo Concerts (Gregorian Chant Choir)

January 8, 2012

2:30 p.m.

Abbey Church

April 29, 2012

2:30 p.m.

Abbey Church

RETREATS

Private Retreats

A private retreat is a time to come away from one's usual routine to enjoy personal reflection, quiet and solitude. Private retreats are available to anyone for any length of time throughout the year.

Cost: \$100 per overnight (includes spiritual direction, a private room, three meals, use of the Center's amenities) \$65 without spiritual direction

Twilight Retreats

See page 3 for details.

January 19 – Thursday; February 28 – Tuesday; March 8 – Thursday; April 11 – Wednesday 4 – 9 p.m.

Morning of Spiritual Renewal for Women

See page 3 for details.

January 21 – Saturday 8 a.m. – 1 p.m.

A Day Away: Nourishing Your Body, Mind and Spirit

See page 3 for details.

January 25 – Wednesday; February 15 – Wednesday; March 6 – Tuesday; April 10 – Tuesday
Days of Renewal are scheduled from 9 a.m. – 5 p.m. (Mass – 4:30 p.m. Evening Prayer – 5:05 p.m.)

Acedia Retreat

See page 4 for details.

February 11 – Saturday 9 a.m. – 3 p.m.

Easter Triduum Retreat

See page 6 for details.

April 5 – 8 Holy Thursday 4 p.m. through Easter Sunday 10 a.m. Liturgy

Your One, Wild and Precious Life

See page 8 for details.

June 8, 9 Friday 4 p.m. through Saturday 3 p.m.
(with an optional second night stay through Sunday 9:45 a.m.)

Authentic Freedom Retreat

See page 9 for details.

June 15 – 17 Friday 4 p.m. through Sunday 9:45 a.m.

Summer Directed Retreat

See page 9 for details.

June 24 – 30 Sunday evening dinner through Saturday lunch
(Registration may be made for 3, 4, 5 or the entire 6 days)

~ SOLEMN NOVENA TO ST. JOSEPH ~

March 11 – Sunday through March 19 – Monday

Sunday, March 11

Novena Prayers and Exposition of the Blessed Sacrament – 4 p.m.

Monday – Friday, March 12, 13, 14, 15, 16

Novena Prayers – 4:15 p.m. Eucharistic Liturgy – 4:30 p.m.

Saturday, March 17

Novena Prayers – 8:30 a.m. Eucharistic Liturgy – 8:45 a.m.

Sunday, March 18

Novena Prayers and Exposition of the Blessed Sacrament – 4 p.m.

Monday, March 19

Novena prayers – 4:15 p.m. Eucharistic Liturgy – 4:30 p.m.

SPIRITUAL DIRECTION...

Sharing one's faith journey with an experienced person can help one grow into a deeper personal relationship with God. While money is not meant to be an obstacle on the spiritual direction journey, a donation of \$40 per session is suggested, if possible.

Patricia DeGroot – 920.373.0567

Pastor Lee Goodwin – 920.337.4315

Fr. Conrad J. Kratz, O. Praem. – 920.337.4376

Sr. Judy Miller, CSJ – 920.337.4316

Jim Smits, CCSW – 920.337.4315

Robin Therese – 920.468.2521



Support Services

Fr. Rod Fenzl, O. Praem. – Hispanic liaison – 920.337.4315

Fr. Bill Ribbens, O. Praem. – AA spiritual direction, 4th and 5th step support – 920.337.4336

Eric Peters – Massage therapist – 920.366.0899

Engaged Encounter Weekends – Green Bay Diocese – 920.272.8315

Lakeshore Retrouvaille Weekends – 920.336.6549

Marriage Encounter Weekends – Marriage Encounter of Green Bay, Inc. – 920.544.5166



ABOUT THE CENTER

The Norbertine Center for Spirituality and Retreat House is located within St. Norbert Abbey, a distinguished landmark located in De Pere, Wisconsin. The Abbey is in the center of 160 acres of both natural and landscaped beauty with charming cloister gardens within its walls. The Church is a wonder, majestic and sacred. The famed stained glass windows are a study of the saints, liturgy, Scripture, sacred symbols and light itself.

Norbertine Center for Spirituality Staff:

Fr. Conrad J. Kratz, O. Praem., Jane Berkovitz, Ann Herlache,
Sr. Judy Miller, CSJ, Jim Smits, Judy Turba, Dianne Wagner

The Center provides:

- programs and workshops
- days of renewal and reflection
- on-site parish missions
- individual spiritual direction
- prayer with the Norbertine Community
- private, directed and preached retreats
- 12-step and recovery retreats
- justice and peace presentations
- outreach presentations
- 55 private bedrooms
- five meeting rooms
- prayer spaces
- library
- cloister garden
- outdoor labyrinth
- walking paths
- indoor swimming pool and sauna
- tennis and basketball courts
- home-cooked meals
- wildlife pond
- nearby Fox River biking and hiking trail
- experienced staff

MAP AND DIRECTIONS

From U.S. 41 – Exit Hwy. 172 east; follow Hwy. 172 east to Webster Ave. exit; turn right (south) approximately one mile to the Center. Park in the first parking lot to the right.

From I-43 – Exit Hwy. 172 - exit #180; follow Hwy. 172 west to Webster Ave. exit; turn left (south) approximately one mile to the Center. Park in the first parking lot to the right.





CALENDAR OF EVENTS

JANUARY

- 8 Schola d' Arezzo Concert
- 11 God's Communities and Their Artists
- 12 Lord, Teach Us to Pray Series: Bishop Robert Morneau
- 15 Taizé Prayer
- 16 Veterans' Stories of Hope, Healing and Spirituality
- 17 Just Write Poetry Club
- 19 Lord, Teach Us to Pray Series: Bishop David Ricken
- 19 Twilight Retreat
- 21 Morning of Spiritual Renewal for Women
- 25 Wednesdays for Women: That All May Be One
- 25 A Day Away
- 26 Lord, Teach Us to Pray Series: Sr. Ann Rehrauer, OSF
- 30 An Amazing Journey! The Universe and Me
- 31 Is Catholic Social Teaching Dead?

FEBRUARY

- 1 Wednesdays for Women: That All May Be One
- 1 Four Great Sermons of Christ: The Sermon on the Mount
- 6 An Amazing Journey! The Universe and Me
- 8 Wednesdays for Women: That All May Be One
- 8 Four Great Sermons of Christ: The Last Supper Sermon
- 9 Abbey Lectures: Re-imagining Women in the Church
- 11 Acedia Retreat
- 13 An Amazing Journey! The Universe and Me
- 14 Flatliners
- 15 Wednesdays for Women: That All May Be One
- 15 A Day Away
- 15 Four Great Sermons of Christ: The Last Judgment Sermon
- 19 Taizé Prayer
- 20 An Amazing Journey! The Universe and Me
- 23 Movie and Discussion: Saint Ralph
- 25 Lenten Series: Fr. Tim Shillcox, O. Praem.
- 27 An Amazing Journey! The Universe and Me
- 28 Heaven: Is It For Real?
- 28 Twilight Retreat
- 29 Four Great Sermons of Christ: The Sermon from the Cross

MARCH

- 3 Lenten Series: Pastor Lee Goodwin
- 5 An Amazing Journey! The Universe and Me
- 6 The Shack: A Novel View of Life
- 6 A Day Away
- 8 Abbey Lectures: The Cost of Silence
- 8 Twilight Retreat
- 10 Lenten Series: Fr. Brian Prunty, O. Praem.
- 10 Abbey Organ Concert: Nathan Laube
- 11-19 Solemn Novena to St. Joseph
- 12 An Amazing Journey! The Universe and Me
- 14 Irish Legacy

- 17 Lenten Series: Fr. John Tourangeau, O. Praem.
- 18 Taizé Prayer
- 20 Just Write Poetry Club
- 24 Lenten Series: Fr. John Bostwick, O. Praem.

APRIL

- 5-8 Easter Triduum Retreat
- 10 Introduction to T'ai Chi
- 10 A Day Away
- 11 Spotlight Tour: Abbey Architecture
- 11 Twilight Retreat
- 14 Abbey Organ Concert: Jonathan Dimmock
- 15 Taizé Prayer
- 17 T'ai Chi Series
- 17 Sushi and Conversation
- 18 Spotlight Tour: Symbolism
- 19 Movie and Discussion: The Boy in the Striped Pajamas
- 24 T'ai Chi Series
- 25 Spotlight Tour: Symbolism
- 29 Schola d' Arezzo Concert

MAY

- 1 T'ai Chi Series
- 2 Spotlight Tour: Symbolism
- 8 T'ai Chi Series
- 9 Spotlight Tour: Symbolism
- 15 T'ai Chi Series
- 15 An Evening in the Abbey Gardens
- 16 Spotlight Tour: Norbertine Visionaries
- 20 Taizé Prayer
- 22 T'ai Chi Series

JUNE

- 8-9 Your One, Wild and Precious Life: Summer Retreat
- 13,20,27 Mornings of Reflection Series
- 15-17 Authentic Freedom Retreat
- 17 Taizé Prayer
- 18 Discussion and Reflection: Breathing Under Water
- 24-30 Summer Directed Retreat

JULY

- 11,18 Mornings of Reflection Series
- 12,19,26 The Aramaic Lord's Prayer: Deepening Freedom
- 15 Taizé Prayer

AUGUST

- 2,9,16 The Aramaic Lord's Prayer: Deepening Freedom
- 19 Taizé Prayer

